

== Contents ==

	About the Author	ix
	Preface	xi
	Acknowledgments	xiii
CHAPTER 1	Alone in America? The Issues at Stake	1
CHAPTER 2	Studying Personal Networks	11
CHAPTER 3	Counting People: Family	25
CHAPTER 4	Counting People: Friends and Others	42
CHAPTER 5	Counting on People	61
CHAPTER 6	Feeling Connected	77
CHAPTER 7	Conclusions and Speculations	94
Appendix	Data Sources	101
Notes		103
References		141
Index		155