= Contents =

ABOUT THE AUTHORS		xiii
ACKNOWLEDG	MENTS	xv
Chapter 1	Parenting: How Has It Changed?	1
CHAPTER 2	Measuring Family Time	19
CHAPTER 3	Changing Workloads: Are Parents Busier?	38
CHAPTER 4	Parental Time with Children: More or Less?	59
CHAPTER 5	Housework, Leisure, Personal Care, Relationships: "What Gives" in Busy Families?	89
Chapter 6	Gender Equality, Role Specialization, and "The Second Shift": What Do Weekly Diaries Show?	113
Chapter 7	Feelings About Time: Parental Stress and Time Pressures	125
CHAPTER 8	Children's Time Use: Too Busy or Not Busy Enough? By Sara Raley	142
CHAPTER 9	Multinational Patterns in Parental Time: How Unique Is the United States?	157
Chapter 10	Mothers' Time, Fathers' Time, and Gender Equal Parenting: What Do We Conclude?	169

xii Contents

Appendix A	Reliability and Validity of the Time-Diary Approach	181
Appendix B	Additional Data Sources	185
Appendix C	Multinational Data	190
Appendix D	Tables	204
Notes		223
REFERENCES		229
Index		241